

Artichoke Liver Cleanse

2 Week Liver Cleanse



Holistic Health
Refined with
Research

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results. With over 25 years of research experience, RBC Life understands and improves the strength of nature so we can deliver it to you.

item #44770 - 90 vegetable capsules

Key benefits:

- Liver cleansing*
- Digestive support*
- Improved liver function*

What is it?

This is an artichoke leaf supplement. It is an herb that is well known to cleanse the liver.*

What is it formulated to do?

Artichoke has been researched and shown to help rid the liver of harmful toxins and help maintain healthy liver function.* It has been formulated to provide a simple, natural way to cleanse the liver in 2 weeks.* It can also be used daily to maintain normal liver function and support the digestion of fats.*

Who may benefit?

Most people can benefit from a periodic liver cleanse.* Those who have been exposed to pollution, smoke, alcohol and/or prescription medications will find particular benefit.

How is it used?

To maintain optimal liver and gallbladder health, take 1 – 3 capsules per day. Avoid acidic beverages for best results. For a two week liver cleanse, take 3 capsules on an empty stomach in the morning and at bedtime each day for two weeks.

The Power of Artichoke

Artichoke extract contains powerful bioflavonoids known for their detoxifying properties. They work to cleanse the liver and protect it while it releases accumulated toxins. After allowing the liver to cleanse and rebuild itself, it can better do its job of protecting the body from harmful substances.*

This plant extract supports the production of bile in the liver so that it is readily available for release when a meal is eaten. Bile aids in the digestion of fats. Artichoke can assist in the digestion of fats, which can relieve bloating, gas and other uncomfortable symptoms of indigestion when taken before a meal.*

Why We Need to Detoxify

It's no secret that we live in a very toxic world. Our food is polluted with pesticides, PCBs and other harmful chemicals. Our water is polluted with chlorine, fluoride, lead and other harmful compounds. The air that we breathe contains heavy metals, carbon monoxide and many



other dangerous chemicals. In addition, the use of plastics and modern farming methods have caused a dramatic increase in the amount of synthetic hormones we are exposed to. When you think about the cumulative effects of these poisons, it is no wonder our livers need support.

It is our liver's job to cleanse these toxins from our bodies, but with the huge amount of chemicals we are exposed to, it is easy to see that we must support our livers if we want to achieve optimum health. When these toxins accumulate in the liver its structure can actually change and its ability to function is impaired.

Why You Need a Healthy Liver

Our livers not only help us detoxify drugs, alcohol, chemicals and synthetic hormones, but it also performs more than 500 functions in the body.* For example, it aids in the digestion of fats. It stores carbohydrates and breaks them down when you need energy. The liver also stores certain nutrients, it breaks down insulin and other hormones, and it plays a role in immune function. Simply put, our liver is absolutely essential for our health and wellbeing, so it is vitally important that we keep our livers functioning well if we want to live a long, healthy life.*

A Simple Way to Cleanse Your Liver

One of the easiest and most effective ways to nourish, cleanse and support the liver is with Artichoke Liver Cleanse from RBC Life Sciences.* Unlike other methods of liver detoxification, it has been shown that artichoke protects the liver from damage as these toxins are being excreted.*

This process occurs thanks to a substance called bile. Bile is produced in the liver, and it is released through the gallbladder into the small intestine. Here it aids in the digestion of fat and carries toxins from the liver through the digestive tract and out of the body. Unfortunately, many people do not produce enough bile. But thankfully, this is the third area of liver health that is supported by artichoke. It actually increases the production of bile and enhances its flow from the liver.*

Research shows that artichoke extract can increase the flow of bile by 90% to 150%. When artichoke is taken as a single dose in the amount present in 6 capsules of Artichoke Liver Cleanse, bile increases 127% after 30 minutes and 152% after 60 minutes. Bile is the vehicle that toxins use to escape the liver, so we must keep it flowing smooth. These surges in bile production will help you safely and effectively eliminate the accumulations of toxins in the liver so you can keep it functioning at its peak. Artichoke Liver Cleanse also contains Echinacea and spirulina to nourish the immune system during this cleansing process.*

Supplement Facts		
Serving Size: 3 Capsules		
Servings Per Container: 30		
Amount Per Serving	% Daily Value	
Vitamin A (as beta-carotene)	900 IU	20%
Vitamin B12 (as cyanocobalamin)	1 mcg	10%
Artichoke and Sarsaparilla extract	900 mg	†
Spirulina	300 mg	†
Echinacea	75 mg	†
† Daily Value not established.		
Other Ingredients: Vegetable capsule (hypromellose, water)		

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.