

Holistic Health Refined with Research

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results. With over 25 years of research experience, RBC Life understands and improves the strength of nature so we can deliver it to you.

item # 1802 - 140 capsules

BioShape

Slim Down, Tone Muscle, Curb Cravings

Key benefits:

- Reduce body weight*
- Curbs cravings*
- Helps build slim, lean muscle*

What is it?

BioShape is a supplement with a unique blend of high-quality amino acids. It also contains a research-backed blend of natural ingredients to help manage weight issues.

What is it formulated to do?

BioShape is a supplement created to help slim and reach weight-loss goals. It contains a U.S. patented weight loss formula that helps curb appetite, reduce food cravings, and help burn fat without stimulants.*

Who may benefit?

Anyone who wants to lose weight will benefit from BioShape. Those who have had difficulty reaching their goals due to food cravings or a sluggish metabolism may particularly benefit.

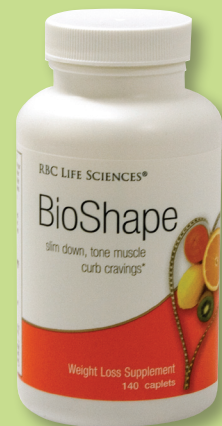
How is it used?

BioShape caplets are most effective when taken an hour before each meal. 4 caplets before the largest meal of the day and 3 caplets before the other two meals.

BioShape is a unique combination of Super CitriMax Full Strength and 11 essential and conditionally essential amino acids formulated to maximize protein formation and support the reduction of body fat. Super CitriMax Full Strength is clinically shown to promote a reduction in body weight, appetite suppression, and a significant increase in the body's ability to burn fat. By combining it with the proper amino acids, you can also increase lean muscle, which raises the metabolic rate for greater, and more long-term results.*

How BioShape can help you lose weight

Super CitriMax Full Strength is a unique, U.S. patented blend of herbs and chromium that has been shown in clinical trials to be effective in weight loss programs. It contains two important Ayurvedic herbs, Garcinia cambogia and Gymnema sylvestre, which are both well-researched and historically used for optimizing fat and sugar metabolism.*



Protein is critical to an effective weight management program. However, most protein foods contain a lot of fat and calories! BioShape gets to the heart of the protein structure. It cuts the fatty, high-calorie foods we normally rely on for protein, making it is possible to lose unwanted body fat and build lean muscle tissue in a safe, healthy and lasting way. What is the heart of the protein structure? It's called amino acids.

The role of amino acids

There are nine essential amino acids that we must consume on a daily basis, and there are also several others that we need to consume under certain conditions. For example, many people cannot make adequate amounts of arginine and glutamine when they exercise. Our bodies also may have difficulty generating arginine and glutamines if we are stressed, are over 55 years, have a medical condition, or recovering from an illness. For these reasons, BioShape contains 11 essential and conditionally essential amino acids to support weight loss efforts.*

Super CitriMax™ Full Strength

Super CitriMax™ Full Strength is a blend of natural ingredients that has been shown to enhance weight loss programs. In clinical research, subjects lost more weight using Super CitriMax Full Strength than they did with just diet and exercise alone. This natural blend of ingredients contains a standardized extract of the Ayurvedic herb, Garcinia cambogia. Clinical research has shown that this herb, in conjunction with a reduced calorie diet and exercise, can help you lose unwanted body fat faster than with diet and exercise alone.*

The active ingredient in Garcinia cambogia is hydroxycitrate (HCA). HCA blocks the enzyme responsible for making new fat cells. HCA also activates the breakdown of fat in the liver and in the fat cells. Several clinical studies have shown that Garcinia safely and effectively increases fat burning, reduces the production of new fat cells and has an appetite-suppressive effect. Another Ayurvedic herb, Gymnema sylvestre, has been added to help curb your appetite for sweets, making it easier to give up the sugary snacks and desserts that threaten to jeopardize your weight loss efforts. Gymnema sylvestre also plays a role in helping the body maintain a healthy blood sugar balance, which is critical for weight loss.*

The Value of Chromium

Clinical studies have shown that these herbs are much more effective when combined with chromium. Chromium is a mineral that has been used for years by those wanting to lose weight and build lean muscle. This necessary trace element works with insulin in the metabolism of both protein and sugar. It appears to make insulin more effective in maintaining blood sugar balance, which can play an important role in weight loss. It can also help you keep, or even gain, lean body tissue while losing fat, resulting in a more toned figure.*

Order from your RBC Life Independent Associate:

Supplement Facts				
Serving Size:	4 caplets	10 caplets (per day)		
Servings Per Container:	35	14		
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (from ascorbyl palmitate)	40 mg	67%	100 mg	167%
Calcium (as hydroxycitrate)	200 mg	20%	500 mg	50%
Chromium (as O-polynicotinate) ¹	160 mcg	133%	415 mcg	333%
Potassium (as hydroxycitrate)	290 mg	8%	725 mg	20%
<i>Garcinia cambogia</i> (fruit) Extract ²	1,867 mg	†	4,667 mg	†
providing (-) Hydroxycitric Acid	1,120 mg	†	2,800 mg	†
<i>Gymnema sylvestre</i> (leaves) Extract	160 mg	†	415 mg	†
providing Gymnemic Acids	40 mg	†	100 mg	†
Proprietary Amino Acid Blend	2,000 mg	†	5,000 mg	†
Isoleucine (as L-Isoleucine), L-Lysine (as L-Lysine HCl), Phenylalanine (as L-Phenylalanine), Arginine (as L-Arginine H Cl), Glutamine (as L-Glutamine), Leucine (as L-Leucine), Methionine (as L-Methionine), Threonine (as L-Threonine), Valine (as L-Valine), Histidine (as L-Histidine HCl), L-5 Hydroxytryptophan				
† Daily Value not established				
Other Ingredients: microcrystalline cellulose, stearic acid, cellulose gum and silicon dioxide.				
¹ ChromelMate® brand niacin-bound chromium (U.S. Patent 5,194,615).				
² Super CitriMax® brand (-)hydroxycitric acid (U.S. Patents 6,160,172, 6,395,296, 6,875,891, 7,335,651 and worldwide patents pending).				

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.