



### Holistic Health Refined with Research

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results. With over 25 years of research experience, RBC Life understands and improves the strength of nature so we can deliver it to you.

item #1667 - 90 vegetable capsules

# Diosin™

## Natural Balance and Energy

### Key Benefits:

- Promotes natural balance and vitality\*
- Boosts energy with thermogenic herbs\*
- Useful for weight loss\*

### What is it?

Diosin is an energizing supplement containing Wild Yam, an extraordinary plant that has been used for centuries to promote optimum health and longevity for both men and women.\*

### What is it formulated to do?

Diosin is designed to provide an energy boost and help bring balance to the body. This ancient plant is has been used historically by several cultures to promote natural balance and vitality.

### Who may benefit?

Diosin can benefit those who would like to improve balance by giving their body the raw materials it needs to produce DHEA. Diosin is also designed for those who want more energy.\*

### How it is used?

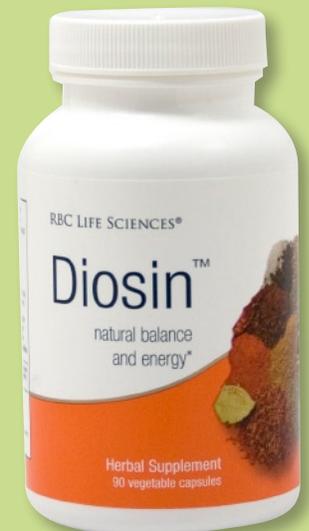
Begin with 1 capsule a day and increase to 2 capsules, if desired. As a stimulating supplement, Diosin should not be taken before bedtime.

The Wild Yam is an extraordinary plant that has been used for centuries to promote optimum health and longevity. It is a staple food to the people of the Trobriand Islands, where many diseases are unknown. In fact, these people are so healthy that they do not keep track of their age. The active ingredient of this plant has been named Dioscorea, and it provides a potent extract of the amazing healthful properties that have caused the yam to be valued for ages.

### The Importance of Dioscorea

The Dioscorea compound found in Diosin-2™ contains an abundance of valuable phytochemical hormone precursors. Phytochemicals are plant compounds, each with their own nutritional contribution. Dioscorea contains structured compounds that are almost identical to the body's natural balance precursors.\*

Your body may be able to convert these precursor compounds in the liver to supply the adrenal glands with the necessary nutrients for production of DHEA and other important hormones. These plant-based precursors do not act like synthetic hormones, which can have dangerous side effects, but instead they supply the body with the raw materials needed to produce DHEA on its own.\*



## Herbal Traditions

We can learn a great deal of valuable information by studying the herbal traditions of the past. People once relied on heritage rather than research to treat their loved ones, and plants were used as medicine long before pharmaceutical companies existed. The Wild Yam is one such plant, and its uses for health support have been passed on to us by many different cultures.

The Chinese have traditionally used the yam to support optimum health. Ayurvedic treatments, which trace back to ancient India, include the use of yam to enhance vitality. Many cultures around the world have relied on the yam to promote natural balance throughout the aging process.\*

## Modern Day SuperFood

Many women today have rediscovered the value of this ancient herb. The yam contains anti-spasmodic constituents called saponins, which can relax the muscles.

It is apparent that the Wild Yam has many benefits that warrant further research.\*

Diosin features an herbal combination of Guarana and Green Tea (containing natural caffeine), Ginger Root, Cayenne and Yerba Mate. This product benefits healthy adults who need a little boost of energy to help them through a busy day. Many people have also enjoyed the added weight loss that can result from this thermogenic blend of herbs.\*

## Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% Daily Value
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<b>Proprietary Thermogenic blend:</b> 735 mg	†
Guarana seed (Paullinia cupana) 22% caffeine, Wild Yam root (Dioscorea villosa), Green Tea leaf (Camellia sinensis) 50% polyphenols, Yerba Mate leaf (Ilex paraguariensis), Ashwaganda root (Withania somnifera), Ginseng root (Panax ginseng), Schisandra fruit (Schisandra chinensis), Ginger root (Zingiber officinale), Cayenne fruit (Capsicum annuum)	

† Daily Value not established

**Other Ingredients:** Vegetable cellulose, vegetable stearate, vegetable capsule (hypromellose and water).

Order from your RBC Life Independent Associate:

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.