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Health Refined
with Research*

True to our heritage, we provide solutions that sustain and advance natural health and wellness. We combine the best of nature with responsible, smart science to deliver exclusive products with effective results.

RBC Life leads natural wellness with 25 years of research experience. We understand and improve the strength of nature so we can deliver it to you.

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FROM RBC LIFE SCIENCES®

Phyto-Cee™

Antioxidant C with Spirulina & Amalaki

Key Benefits:

- Powerful immune boost*
- Supports anti-aging and heart health*
- Promotes youthful skin*

What is it?

Phyto-Cee is a unique vitamin C supplement formulated for maximum absorption. With its blend of additional phytonutrients and phase-release technology, you will get the most beneficial vitamin C available.

What is it formulated to do?

Phyto-Cee has been expertly formulated to provide you with a non-acidic, high quality vitamin C. Vitamin C has many benefits to the body, and it is absolutely essential for maintaining optimal health.*

Who may benefit?

Everyone can benefit from a vitamin C supplement since few of us consume adequate levels in our diet. Phyto-Cee is particularly beneficial to those who want to support their immune system.

How is it used?

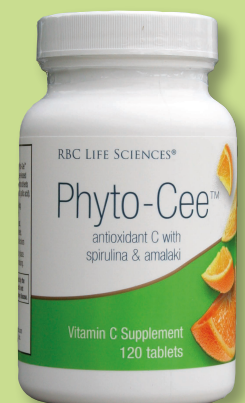
Phyto-Cee is designed to be taken as a daily support product. Two tablets may be taken twice daily.

Why supplement with Phyto-Cee?

Vitamin C is essential to the health of the human body. However, it can not be manufactured by the body so it must be consumed in our diet on a daily basis. With the wide spread nutrient depletion of our food supply and our fast-paced lifestyle, many people are deficient in this vital nutrient.*

Supplementing with traditional vitamin C is not advised for some people as a large amount of ascorbic acid may irritate the digestive system. Ascorbic acid is also not the form that is most effectively absorbed when additional vitamin C supplementation is indicated. When larger amounts of vitamin C are supplemented into the diet, the acid rejection system of our digestive tract prevents efficient absorption and leads to unpleasant side effects.

Phyto-Cee has been esterified and buffered to prevent this response and to ensure optimal absorption. Phyto-Cee is also phase-released to ensure that an adequate amount of vitamin C remains in the blood for a longer period of time. As we all know, it is not what we take in but rather what we absorb that can make an impact on our health.



- See Over -

Vitamin C and your immunity

Vitamin C is perhaps best known for its role in supporting the immune system. It is a powerful antioxidant that helps protect the body from the damaging effects of smoke, pollution and other toxins. Studies have found several links between vitamin C deficiency and conditions related to a weakened immune system.*

Several groups of people may require more vitamin C because certain dietary and lifestyle factors may deplete the body of this vital nutrient. These groups include smokers, those who consume alcohol, pregnant and lactating women and those who are under stress. Anyone whose diet does not contain the recommended 5 to 9 servings of fruits and vegetables daily would be wise to consider additional vitamin C supplementation.

Vitamin C and stress

It is well known that stress increases the need for vitamin C, and few of us today can claim to live a stress-free lifestyle. Modern life has taken a toll on the health of our adrenal glands, which are two small glands that sit on top of our kidneys. The adrenals are responsible for the “fight or flight” response we have when faced with a stressful situation. In this age of constant stressors, it is no wonder these glands need nutritional support.*

One of the nutrients responsible for the health of the adrenal glands is vitamin C. This nutrient is found in high concentrations in the adrenal glands. A lack of vitamin C can lead to fatigue from accumulated stress.*

The importance of collagen

Vitamin C plays a well-documented role in collagen production, which can have several powerful effects on our health. Collagen not only constructs the skin we see on the outside, but it is also necessary for many bodily tissues we can't see. One such tissue is our blood vessels. Weak blood vessels can lead to poor heart health.*

Collagen is the protein that also helps strengthen cartilage, ligaments, tendons and bone. Collagen degradation can lead to wrinkles and many other signs of aging. It is important to give collagen the nutrients it needs, such as vitamin C, to stay healthy and strong.*

Spirulina and Amalaki

The addition of spirulina to Phyto-Cee provides vital phytonutrients and trace minerals. It is rich in B vitamins, which also support adrenal and heart health. Amalaki is a plant rich in vitamin C, which may provide the co-factors necessary for optimal vitamin C absorption. Amalaki is a rich source of polyphenols (ellagic acid & gallic acid) that has long been used in Ayurvedic medicine for its wide range of health benefits.*

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

Amount Per Serving	% Daily Value	
Vitamin C (as calcium ascorbate and ascorbyl palmitate)	500 mg	833%
Citrus bioflavonoid complex	100 mg	†
Proprietary Blend: Spirulina, amalaki fruit extract (<i>Phyllanthus emblica</i>), cranberry fruit extract	250 mg	†

† Daily value not established

Other Ingredients: Dicalcium phosphate, calcium carbonate, guar gum, stearic acid, microcrystalline cellulose, hydrogenated vegetable oil, citrus pectin, magnesium stearate, silica and pharmaceutical glaze.

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* These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent disease.